

NATIVE PLANTS FOR BUTTERFLY GARDENS

Butterflies need food plants (F) for caterpillar and nectar plants (N) for adults. Butterflies perch on flowers and shrubs to bask in the sun and most butterfly flowers are sun-loving. Butterflies prefer purple, pink, yellow and white flowers. Grow groups or masses of a plant in one color, rather than single plants of different colors. Fer: *California Butterflies* (1986) by John Garth & J. Tilden; *National Audubon Society Field Guide to California* (1998).

<u>Name</u>	<u>Common Name</u>	<u>Type</u>	<u>Comment</u>	<u>Care</u>
Annual				
<i>Chaenactis glabriuscula</i>	yellow pincushion	N	winter blooming	
<i>Coreopsis bigelovii</i>	Bigelow's coreopsis	N	golden heads	
<i>Gilia capitata</i>	globe gilia	N	pale to lt. Blue-violet; Apr-Jul; Coast Ranges	easy; sun
<i>Helianthus annuus</i>	sunflower	N	flowers from feb to Oct.	
<i>Lasthenia californica</i>	goldfields	N	orange-yellow flowers; Spring; Most of CA	easy; sun
<i>Layia platyglossa</i>	tidy-tips	N	yellow with white tips in spring; grassy sites	easy; sun
Annual, perennial and shrub				
<i>Lupinus</i> sp.	lupine	F	blue, red, white or yellow	easy; sun
Perennial				
<i>Achillea millefolium</i>	common yarrow	N	aromatic; white clusters spring to summer	easy
<i>Aquilegia formosa</i>	western columbine	N	red and yellow flowers late spring	afternoon shade
<i>Arabis</i> 'Spring Charm'	rock-cress	N	petals rose-purple; may not survive summers	easy
<i>Artemisia</i> sp.	sagebrush	F	aromatic	easy
<i>Asclepias</i> sp.	milkweed	F		
<i>Dudleya</i> sp.	live forever	F	succulents	easy; afternoon shade
<i>Epilobium canum</i>	California fuchsia	N	red flowers; July-Nov.	
<i>Erigeron glaucus</i>	seaside daisy	F/N	April-August; pink or lavender	remove dead flowers
<i>Eriogonum</i> sp.	buckwheat	F/N	favorite of butterflies and bees	easy
<i>Erysimum concinnum</i>	wallflower	F/N	often as annuals in SoCal; Pt. Reyes	easy
<i>Heterotheca villosa</i>	golden aster	F/N		
<i>Lessingia filaginifolia</i>	California aster	F/N		
<i>Monardella</i> sp.	monardella	N	aromatic	afternoon shade
<i>Salvia</i> sp.	wild sage	N	aromatic; blue or lavender spring	
Poaceae Family	perennial grasses	F	various native species are good larval food	
Shrub				
<i>Amorpha californica</i>	false indigo bush	F	purplish flowers from May-July	
<i>Atriplex lentiformis</i>	big saltbush	F	3 to 9 ft. tall; widely spreading; sandy soil	
<i>Ceanothus</i> sp.	California lilac	F	white to purple flowers in spring; butterflies like white	
<i>Encelia californica</i>	coast bush sunflower	F	spring flowers; sprawls and up to 4 ft. ht.	
<i>Heteromeles arbutifolia</i>	toyon	F	white flowers in summer; red berries in winter	
<i>Lotus scoparius</i>	California broom	F	tiny yellow flowers year round	
<i>Malacothamnus</i> sp.	mallow	F	spring to summer	
<i>Malosma laurina</i>	laural sumac	N	tall; leafy; evergreen; flowers early summer	
Tree and Large Shrub				
<i>Aesculus californica</i>	California buckeye	N	20-35 ft. tall; flowers white or pale rose	
<i>Platanus racemosa</i>	western sycamore	F	deciduous tree	regular water
<i>Quercus agrifolia</i>	coast live oak	F	to 80 ft. tall, 50 ft. spread	
<i>Salix lasiolepis</i>	Arroyo willow	F		regular water
Vine				
<i>Lonicera subspicata</i>	honeysuckle	F/N	clambering evergreen shrubs; yellowish flowers	

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